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SARVAJANIK UNIVERSITY

Women Development Cell

Committee Report

Academic Year 2025 -2026

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Committee Report Format

Academic Year 2025 -2026

1. Basic Information

- **Name of the Committee: Women Development Cell**
- **Academic Year: 2025–2026** (Formation date 9th January 2026)
- **Date of Submission: 27/03/2026**
- **Convener / Chairperson: Dr. Kaushika Pal**

Sr. No.	Name	Designation (Convener/Member)	Role /Task assign in committee
1	Dr. Kaushika Pal	Convener	Conceptualizing and proposing innovative activities and programs , Obtaining necessary permissions and approvals from authorities, Overall planning, supervision, and monitoring of all WDC activities & Coordinating with committee members for effective implementation
2	Dr. Toral Desai	Member	Coordination of workshops and training programs and Assisting in planning and execution of events
3	Dr. Neha Seth	Member	Coordination of counseling programs for students and Assisting in maintaining records of activities and reports
4	Dr. Vaishali Koshti	Member	Coordination of awareness and legal literacy programs and Assisting in maintaining records of activities and reports
5	Dr. Vrushti Patel	Member	Coordination of awareness and legal literacy programs and Assisting in maintaining records of activities and reports. Recording and preparing Minutes of Meeting (MoM)
6	Delnaz Variava	Member	Acting as Member secretary and Responsible for documentation, coordination, and communication of committee activities. Assisting in preparation of reports, minutes of meetings, and follow-up on implementation of decisions



7	Ms. Roshni Lungaria	Member	Assisting in preparation of Google Forms, flyers, and promotional materials and Recording and preparing Minutes of Meeting (MoM)
8	Bhavna Vimawala	Member	Providing guidance and support in planning and execution of WDC activities. Assisting in decision-making and overall coordination. Facilitating coordination with the Internal Complaints Committee (ICC) for programs related to gender sensitization, safety, and grievance awareness
9	Prof. Jasmin Kaur	Member	Coordination of workshops and training programs and Assisting in maintaining records of activities and reports
10	Dr. Manisha Sharma	Member	Assisting in planning and execution of events and Assisting in maintaining records of activities and reports
11	Ms. Tejal Surati	Member	Assisting in planning and execution of events and Technical Assistance as an when needed

2. Objectives of the Committee

Objectives:

- To create awareness regarding gender equality, legal rights, and women's welfare.
- To organize workshops, seminars, and training programs on women empowerment and skill development.
- To prevent gender discrimination and promote a safe and inclusive environment.
- To provide support and guidance to women facing academic, personal, and professional challenges.
- To collaborate with the Internal Complaints Committee (ICC) for awareness and support.
- To foster leadership, career advancement, entrepreneurship, and technical skill development among women.

Responsibilities:

- Organizing programs on gender equity to promote inclusivity and mutual respect.
- Conducting workshops, seminars, and awareness sessions on women's rights and legal frameworks.
- Providing counseling support for academic, personal, and career-related issues.

- Organizing training sessions on self-defense, leadership, and entrepreneurship.
- Collaborating with ICC to address concerns related to harassment and ensure a safe campus environment.
- Promoting physical and mental well-being through health, hygiene, and fitness awareness programs.

3. Meetings Conducted

Provide details of meetings conducted during the academic year.

Sr. No.	Date of Meeting	Agenda / Key Issues Discussed	Major Decisions Taken
1.	12/1/2026	NRI Marriage Awareness Seminar, Gender Sensitization Programme	• The committee finalized the plan for organizing the program and assigned responsibilities for effective execution. • The WDC representative of each respective institute will be responsible for ensuring the participation of at least 50 girl students through both online and offline modes. • Dr. Kaushika Pal informed a Gender Sensitization Programme should be organized at the University on either 6th March or 7th March 2026
2.	19/2/2026	Celebration with respect to International Women's Day	• It was proposed by Dr. Kaushika Pal, Convener, WDC to conduct a gender sensitization program in the name of Samatvam on March 10, 2026. • Inaugural program at 10:00 am for one hour, followed by competitions from 11: 00 am onwards till 3: 00 pm, then followed by prize distribution. • The events finalized for the same were Logo Designing Competition, Poster Creation, and Debate Competition.



3.	28-2-2026	Gender Sensitization Programme Samatvam”– Equality, Respect and Empowerment)	• The following competitions were finalized to be conducted as part of the “Samatvam” celebration following the inaugural session: • Logo Design Competition • Poster Making Competition • Bookmark Design Competition • Debate Competition • Movie-Review Competition • It was decided that WDC members would be appointed for each competition planned under the “Samatvam” theme who will be responsible for organizing and supervising their respective competitions.
4.	2-3-2026	Responsibilities distribution of Samatvam	Discussion and finalization of the distribution of responsibilities for the upcoming “Samatvam” programme.
5.	6-3-2026	Competitions finalized under Samatvam	• It was decided that the inauguration ceremony of the Women Development Cell will be held on 10 March 2026 at 10:00 AM at Sarvajanik Hall. • The committee confirmed the invitation to Ms. Hiral Panwala and Ms. Shradha Shah as Women of Inspiration for the inauguration ceremony. • After discussion, duties delegated to the colleges for organizing competition and juries were finalized • The responsibility for the Inauguration Session and Valedictory session were also allotted.

6.	23-3-2026	Planning of Events under WDC for Academic Year 2026-27 Organization of workshops and seminars in collaboration with the Internal Complaint Committee (ICC)	The list of events planned under WDC for the academic year 2026-27 were as follows: 1. Self-Defence Workshop 2. Student Counselling for Gender Sensitization 3. Samatvam 4. Tejasvini 5. Nutrition for female students 6. Cyber Security Workshop 7. Women Health Seminar (For Female Staff members) 8. Technical and Skill enhancement programs The members proposed conducting awareness sessions focusing on issues such as gender sensitization, prevention of sexual harassment, and creating a safe and inclusive environment on campus.
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4. Activities / Initiatives Undertaken

Details of programs, initiatives, or actions undertaken by the committee.

Sr. No.	Name of Activity	Date	Description	Outcome
1	Nurturing through Knowledge	06/08/2025	To create awareness among college students about maternal and child well-being. To provide knowledge on balanced diet and healthy lifestyle practices.	The session effectively created awareness about maternal and child health, promoting healthy lifestyle practices.
2	PAP TEST Awareness Session	22/08/2025	An educational session focused on spreading awareness about cervical cancer, the importance of regular PAP tests, and promoting early	The session successfully increased awareness about cervical cancer screening and emphasized the importance of early detection.

			detection and preventive healthcare among women.	
3	PAP Test	09/09/2025	A medical screening initiative aimed at detecting early signs of cervical abnormalities, encouraging women to undergo regular check-ups for better reproductive health.	The screening initiative promoted preventive healthcare and enabled early diagnosis and timely medical intervention.
4	NRI marriage awareness seminar	16/02/2026	A seminar designed to inform individuals about the legal, social, and financial aspects of NRI marriages, highlighting precautions and rights to prevent fraud and exploitation.	The seminar enhanced awareness of legal rights, risks, and precautions, enabling informed decision-making.
5	Samatvam – Equality, Respect and Empowerment	10/03/2026	A social awareness program promoting gender equality, mutual respect, and empowerment by encouraging inclusive attitudes and informed understanding of rights.	The program effectively promoted gender equality, inclusivity, and respect through active student participation.
6	Tejasvini under Samatvam	Launched on 8/03/2026 Last Submission Date : 31/03/2026	An initiative to identify and recognize inspiring women within the university whose life journeys motivate others.	The initiative is currently in progress and is expected to promote motivation, recognition, and empowerment by identifying inspiring women.

(Detail report with annexure and link of website which activity report uploaded) – Annexure A

5. Achievements / Outcomes

Highlight significant outcomes or achievements during the year.

- Successfully organized multiple awareness programs and workshops focusing on women's health, and gender sensitization.
- Conducted Pap test awareness and screening initiatives promoting preventive healthcare and early diagnosis.
- Organized the NRI Marriage Awareness Seminar, enhancing knowledge about legal rights and fraud prevention.
- Introduced and successfully implemented "Samatvam – an Annual Gender Sensitization Program", aimed at promoting gender equality, respect, and inclusive thinking among students through various activities and competitions.
- Initiated the "Tejasvini" program to recognize and celebrate inspiring women within the university.
- Promoted awareness on women's health, hygiene, and nutrition among students and staff.
- Encouraged student engagement and leadership through various competitions and activities.

6. Challenges Faced

Mention any difficulties encountered during the execution of committee responsibilities.

- Difficulty in ensuring maximum participation from all institutes.
- Coordination challenges among multiple departments and members.

7. Recommendations / Suggestions

Suggestions for improvement, policy changes, or future initiatives.

- We will work to strengthen and institutionalize existing flagship programs such as Self-Defense Workshop, Samatvam, and Tejasvini by conducting them annually with greater participation and structured planning.
- We will try to enhance visibility of WDC activities through digital platforms, social media, and proper documentation.
- We will work form collaboration with external experts, NGOs, and healthcare professionals for specialized sessions.
- We are planning to introduce more technical and skill enhancement programs to improve employability among female students.
- We will form structure to maintain proper records of participation, feedback, and impact analysis for future improvements.

8. Action Plan for Next Academic Year

Planned activities or goals for the upcoming academic year.

Sr. No.	Proposed Activity	Tentative Timeline	Expected Outcome
1.	Self Defense Workshop	July-August 2026	- Improved self-confidence and empowerment - Safety awareness - Better mental readiness and quick decision-making
2.	Student Counselling for Gender Sensitization	October 2026	- Increased awareness of gender equality and sensitivity - Respectful attitudes and reduction in gender bias/discrimination - Improved inclusive behavior
3.	Cyber Security Workshop for Girls' students	October 2026	- Awareness of online threats - Ability to protect personal data and privacy - Responsible and secure use of social media platform
4.	Nutrition for Women's Health (Female Students)	January 2027	- Improved knowledge of nutrition for women's health - Adoption of healthy dietary habits for mother and child well-being. - Increased awareness of breastfeeding benefits in future mothers
5.	Samatvam	February 2027	Promotion of gender equality
6.	Tejasvini	February-March 2027	- Inspiration from real-life examples of strength and resilience - Awareness of women's empowerment and personal growth journeys
7.	Women's Healthcare Awareness Program for Faculty	March 2027	- Increased awareness of women's health issues and preventive care - Improved ability to support and guide students on health-related concerns



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info@sarvajanikuniversity.ac.in

8	Technical and Skill Enhancement Programs for Girls	To be conducted during Even/Odd Semester	- To bridge the gender gap, improve employability, and build confidence in technical fields. - They result in empowered, skilled, and financially independent women with better career and leadership opportunities.
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9. Supporting Documents

Attach relevant documents such as:

- Meeting minutes
- Photographs of activities
- Circulars / Notices issued
- Reports / Publications

10. Declaration

This report is submitted for record and review of the activities carried out by the committee during the academic year.

Convener

Name: Dr. Kaushika Pal
Signature:

Date: 27/03/2026

Registrar
Sarvajani University



SARVAJANIK UNIVERSITY

Women development Cell Meeting

Date: 12/1/2026 (Monday)

Time: 2:30 pm to 3:15 pm

Venue: Department of Training & Placement, TIFAC-Building

Minutes of Meeting

Present members:

- 1 Dr. Kaushika Pal
- 2 Dr. Shikha Samaiya
- 3 Dr. Roshni P Langrana
- 4 Dr. Vaishali Koshti
- 5 ~~Dr. Smita Rajani~~

6 Dr. Delnaz Variava

AGENDA	Points discussed in detail
NRI Marriage Awareness Seminar	- The first event of the Women Development Committee, "NRI Marriage Awareness Seminar" to be held on 16th January 2026 at 10:00 am had already been finalized, and detailed discussions regarding its planning and execution were held during the meeting. - The WDC representative of each respective institute will be responsible for ensuring the participation of at least 50 girl students from their institution in the event. - To collect registrations through both online and offline modes to ensure convenience and higher registrations.
Gender Sensitization Programme	A Gender Sensitization Programme will be organized at the University on either 6th March or 7th March 2026

Thanks and Regards

MoM compiled by
Dr. Roshni P Langrana

Dr. Kaushika Pal
Convenor, WDC



SARVAJANIK UNIVERSITY

Women's Development Cell Meeting

Date: 19/2/2026 (Thursday)

Time: 3:00pm to 4:00pm

Venue: Department of Training & Placement, TIFAC-Building

Attendees of the meeting

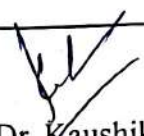
Name of the member	Institute Name	Present/Absent	Signature
Dr. Kaushika Pal	SCET	Present	
Dr. Vaishali Koshti	SCOL	Present	
Dr. Delnaz Variava	SRLIM	Present	
Dr. Roshni Langrana	SCCCA	Present	
Dr. Toral Desai	SRKI	Present	
Prof. Bhavna Vimalwala	IDPT	Absent	
Dr. Neha Sheth	BRCM	Absent	
Dr. Manisha Sharma	SCOPA	Absent	

Minutes of Meeting

Agenda	Points discussed in detail
Celebration with respect to International Women's Day	- It was proposed by Dr. Kaushika Pal, Convener, WDC, to conduct a gender sensitization program in the name of Samatvam on March 10, 2026, encompassing Samanta (Equality), Samman (Respect), and Sashaktikaran (Empowerment). - The program was proposed as a full-day program starting with an inaugural ceremony at 10:00 AM, with two distinguished female speakers, followed by events/ competitions till 3:00 PM followed by prize distribution.

- The events finalized for the same were Logo Designing Competition, Poster Creation, and Debate Competition.

Thanks and Regards
MoM compiled by
Dr. Delnaz Variva


Dr. Kaushika Pal
Convenor, WDC





SARVAJANIK UNIVERSITY

Women development Cell Meeting

Date: 28/2/2026 (Saturday)
Venue: Online Mode (Google Meet)

Time: 12:30 pm to 1:00pm

Minutes of Meeting

Present members:

- 1 Dr. Kaushika Pal
- 2 Dr. Shikha Samaiya
- 3 Dr. Roshni P Langrana
- 4 Dr. Vaishali Kashti

- 5 Dr. Delnaz Variava
- 6 Dr. Toral Desai

AGENDA

Gender
sensitization
programme

"Samatvam"-
equality,
respect and
empowerment)

Points discussed in detail

- ☐ In continuance to the meeting held on 19 February 2026, there were further discussions and finalization of activities under the theme "Samatvam" – Equality, Respect and Empowerment".
- ☐ It was decided that the "Samatvam" event will be organized on 10th March. Members agreed to conduct various activities and competitions on this day to promote the values of equality, respect, and empowerment.
- ☐ Members discussed organizing an inaugural session on 10th March at 10:00 am in Seminar Hall, SU Building with expert speakers who will address students on the importance of "Samatvam" and the need to promote gender equality and mutual respect in society.
- ☐ The following competitions were finalized to be conducted as part of the "Samatvam" celebration following the inaugural session:
 - ✓ Logo Design Competition
 - ✓ Poster Making Competition
 - ✓ Bookmark Design Competition
 - ✓ Debate Competition
 - ✓ Movie-Review Competition
- ☐ To ensure effective management of the activities, it was decided that WDC members would be appointed for each competition planned under the "Samatvam" theme. Each member will be responsible for organizing and supervising their respective competition and to arrange student volunteers who will assist in smooth conduct of the competitions.

Thanks and Regards

MoM compiled by
Dr. Roshni P Langrana

Dr. Kaushika Pal
Convenor, WDC



SARVAJANIK UNIVERSITY

Women's Development Cell Meeting

Date: 2/3/2024 (Monday)

Time: 1:30 pm to 2:30 pm

Venue: Department of Training & Placement, TIFAC-Building

Attendees of the meeting

Name of the member	Institute Name	Present/Absent	Signature
Dr. Kamshika Pal	SCET	Present	
Prof. Samaya Varivva	IDPT	Present	
Dr. Vaishali Keshvi	SCOL	Present	
Dr. Vrushali Patel	SCOL	Present	
Dr. Delnaz Varivva	SRLIM	Present	
Dr. Roshni Langrana	SCOCA	Present	
Dr. Toral Desai	SRKI	Absent	—
Dr. Neha Sethi	BRCM	Absent	—
Dr. Manisha Sharma	SCOPA	Absent	—

Minutes of Meeting

Agenda	Points discussed in detail
Responsibilities Distribution of Samatvam	To discuss and finalize the distribution of responsibilities for the upcoming "Samatvam" programme. During the meeting, responsibilities were distributed for the following tasks: Inauguration Session: Dr. Toral Desai & Dr. Kamshika Pal Prize distribution: Dr. Delnaz Varivva & Prof. Samaya Varivva Competitions: Poster and bookmark Creation - Dr. Kamshika Pal & Dr. Delnaz Varivva, Movie and Debate Competitions - Dr. Neha Sethi, Dr. Vrushali Patel, Dr. Vaishali Keshvi, Registration Form Design: Dr. Delnaz Varivva, Logo Registration Form Design: Dr. Roshni Langrana

Thanks and Regards
MoM compiled by
Dr. Roshni Langrana

Dr. Kamshika Pal
Convenor, WDC



SARVAJANIK UNIVERSITY

Women's Development Cell Meeting

Date: 6/3/2026 (Friday)

Time: 2:30 pm

Venue: Department of Training & Placement, TIFAC-Building

Attendees of the meeting

Name of the member	Institute Name	Present/Absent	Signature
Dr. Kaushika Pal	SCET	Present	
Dr. Toral Desai	SRKI	Present	
Dr. Neha Sheth	BRCM	Present	N. D. Sheth
Dr. Vaishali Koshti	SCOL	Present	
Dr. Vrushti Patel	SCOL	Present	
Dr. Manisha Sharma	SCOPA	Present (Present)	
Dr. Delnaz Variava	SRLIM	Absent	—
Dr. Roshni Langrana	SCCCA	Absent	—
Prof. Bhavna Vimalwala	IDPT	Absent	—

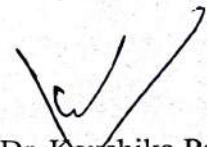
Minutes of Meeting

Agenda	Points discussed in detail
Inauguration Ceremony	It was decided that the inauguration ceremony of the Women Development Cell will be held on 10 March 2026 at 10:00 AM at Sarvajanic Hall.
Invitation to Inspirational Women	The committee confirmed the invitation to Ms. Hiral Panwala and Ms. Shradha Shah as Women of Inspiration for the inauguration ceremony.

Annual Gender Sensitization Programme	The organization of competitions under the theme "Samtvam – Samanta, Samman, Sashaktikaran," as part of the Annual Gender Sensitization Programme, was delegated to various institutions of Sarvajanik University.																										
Competitions Finalized	After discussion, duties were delegated to the colleges for organizing the competition, and juries were finalized as per the following table: <table border="1"> <thead> <tr> <th>Sr. No</th><th>Competition</th><th>College</th><th>Jury Member</th></tr> </thead> <tbody> <tr> <td>1</td><td>Movie Review</td><td>SCOL, BRCM</td><td>Mr. Girish Solanki</td></tr> <tr> <td>2</td><td>Debate</td><td>SCOL, BRCM</td><td>Dr. Dhara Desai</td></tr> <tr> <td>3</td><td>Poster</td><td>SRLIM</td><td>Ms. Zankhna Vaishnav</td></tr> <tr> <td>4</td><td>Bookmark</td><td>SCET</td><td>Dr. Anjana Ghelani</td></tr> <tr> <td>5.</td><td>Logo Design</td><td>SCCCA</td><td>WDC members</td></tr> </tbody> </table>			Sr. No	Competition	College	Jury Member	1	Movie Review	SCOL, BRCM	Mr. Girish Solanki	2	Debate	SCOL, BRCM	Dr. Dhara Desai	3	Poster	SRLIM	Ms. Zankhna Vaishnav	4	Bookmark	SCET	Dr. Anjana Ghelani	5.	Logo Design	SCCCA	WDC members
Sr. No	Competition	College	Jury Member																								
1	Movie Review	SCOL, BRCM	Mr. Girish Solanki																								
2	Debate	SCOL, BRCM	Dr. Dhara Desai																								
3	Poster	SRLIM	Ms. Zankhna Vaishnav																								
4	Bookmark	SCET	Dr. Anjana Ghelani																								
5.	Logo Design	SCCCA	WDC members																								
Session Responsibilities	The responsibility for the Inauguration Session was assigned to Dr. Toral Desai. The responsibility for the Valedictory Session was assigned to Dr. Delnaz Variava.																										

Thanks and Regards

N. A. Sheth
MoM compiled by
Dr. Neha Sheth


Dr. Kaushika Pal
Convenor, WDC



SARVAJANI UNIVERSITY

Women's Development Cell Meeting

Date: 23/3/2026 (Monday)

Time: 12:30 pm to 1:15 pm

Venue: Department of Training & Placement, TIFAC-Building

Attendees of the meeting

Name of the member	Institute Name	Present/Absent	Signature
Dr. Kaushika Pal	SCET	Present	
Dr. Toral Desai	SRKI	Present	
Dr. Neha Sheth	BRCM	Present	
Dr. Vaishali Koshti	SCOL	Present	
Dr. Roshni Langrana	SCCCA	Present	
Dr. Manisha Sharma	SCOPA	Absent	—
Dr. Delnaz Variava	SRLIM	Absent	—
Prof. Bhavna Vimalwala	IDPT	Absent	—

Minutes of Meeting

Agenda	Points discussed in detail
Planning of Events under WDC for Academic Year 2026-27	- To deliberate on the activities/workshops/seminars to be conducted as part of the upcoming programmes to be organized by the Women Development Cell during the academic year 2026-27. - Various ideas and proposals for activities/workshops/seminars that would encourage participation and awareness among students/staff members were discussed and finalised. The list of events planned under WDC for the academic year 2026-27 was as follows: - Self-Defence Workshop

	2. Student Counselling for Gender Sensitization 3. Samatvam 4. Tejasvini 5. Nutrition for female students 6. Cyber Security Workshop 7. Women's Health Seminar (For Female Staff Members) 8. Technical and Skill Enhancement Programs
Organization of workshops and seminars in collaboration with the Internal Complaint Committee (ICC)	• The members proposed conducting awareness sessions focusing on issues such as gender sensitization, prevention of sexual harassment, and creating a safe and inclusive environment on campus.

Thanks and Regards


 MoM compiled by
 Dr. Roshni P Langrana


 Dr. Kaushika Pal
 Convenor, WDC





Sarvajani Education Society
SARVAJANIK UNIVERSITY



Report on
**NURTURING THROUGH
KNOWLEDGE**

Organized by
Sarvajani University
in
collaboration WDC, SCET



Held on
6th August 2025

Coordinated by
Dr. Kaushika Pal
Prof. Bhumika Patel

OBJECTIVE OF SEMINAR

- To create awareness among college students about maternal and child well-being.
- To provide knowledge on balanced diet and healthy lifestyle practices.
- To develop understanding of the role of nutrition and emotional care in holistic growth.
- To promote scientific and evidence-based approaches to health and nurturing.
- To bridge the gap between traditional practices and modern nutritional science.
- To educate students on early childhood nutrition, breastfeeding, and caregiving practices.
- To encourage informed decision-making regarding health and well-being.
- To foster a sense of social responsibility towards community health.
- To promote interdisciplinary learning among students.
- To empower students to apply and share knowledge for healthier families and communities.

DETAILS OF SEMINAR

Date and Time:	6th August (10:00AM-11:30AM)
Venue:	Chemical AV room
Targeted Audience:	The seminar was for all the female students who wish to gain insights into health, nutrition, and nurturing practices.
Participation:	95+
Speaker:	Dr. Kayuri Shah
College wise Participation	SRKI – 10 SCET - 85



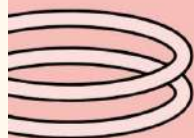
Sarvajanik Education Society
Sarvajanik University



Sarvajanik University
in
collaboration WDC, SCET



Presents



NURTURING THROUGH KNOWLEDGE



- Date 📅:- 6th August 2025
- Time ⌚:- 10:00 am Onwards
- Venue 📍:- Chemical AV Room

[Register here](#)



In collaboration with the Department
of Food Science & Nutrition,
Sheth P.T. Mahila College of Arts &
Home Science, Vanita Vishram, Surat

Student Co-ordinators:

Krishee Mehta: 7433014388

Sachee Afinwala: 9904286407



SEMINAR IN BRIEF

The seminar “**Nurturing Through Knowledge**”, organized by the Sarvajanik University, in collaboration with the **Department of Food Science & Nutrition, Sheth P.T. Mahila College of Arts & Home Science, Vanita Vishram, Surat.*

The session commenced at **10:00 am** with a warm welcome address, setting the tone for the day’s discussion on maternal and child well-being. The resource persons shared insights on nutrition, healthy lifestyle practices, and the importance of nurturing for overall development. The detailed discussions are as follows:

Basics of Nutrition:

The session covered the fundamentals of nutrition, explaining the concept of a balanced diet. It discussed essential nutrients such as carbohydrates, proteins, fats, vitamins, and minerals, and their role in maintaining overall health.

Maternal Nutrition:

Special focus was given to the nutritional needs of women during pregnancy and lactation. The importance of micronutrients like iron, calcium, and folic acid was explained, along with guidance on maintaining a healthy diet for the well-being of both mother and baby.

Infant and Child Nutrition:

The speaker elaborated on the significance of proper nutrition during early childhood. The benefits of breastfeeding, timely introduction of complementary foods, and ensuring adequate nutrition during the formative years were discussed in detail.

Healthy Lifestyle Practices:

The seminar emphasized the importance of maintaining a healthy lifestyle, including regular physical activity, personal hygiene, and mental well-being. It highlighted how these practices contribute to overall health and disease prevention.

Emotional Care and Bonding:

The role of emotional care in child development was discussed, focusing on the importance of parent-child bonding. It explained how a nurturing and supportive environment positively impacts a child's mental and emotional growth.

Scientific Approach to Nutrition:

The session encouraged participants to adopt a scientific approach to nutrition and health. It addressed common myths and misconceptions and stressed the importance of evidence-based practices in daily life.

Bridging Traditional and Modern Practices:

The seminar highlighted the need to balance traditional caregiving methods with modern nutritional science. It encouraged participants to retain beneficial cultural practices while adopting scientifically proven approaches.

Role of Women and Youth in Community Health:

The importance of women and youth in promoting health awareness was discussed. Participants were encouraged to take responsibility for spreading knowledge and contributing to healthier families and communities.

Interactive Session:

The seminar concluded with an interactive session where participants actively asked questions and shared their views. This discussion helped clarify doubts and reinforced the concepts covered during the seminar.

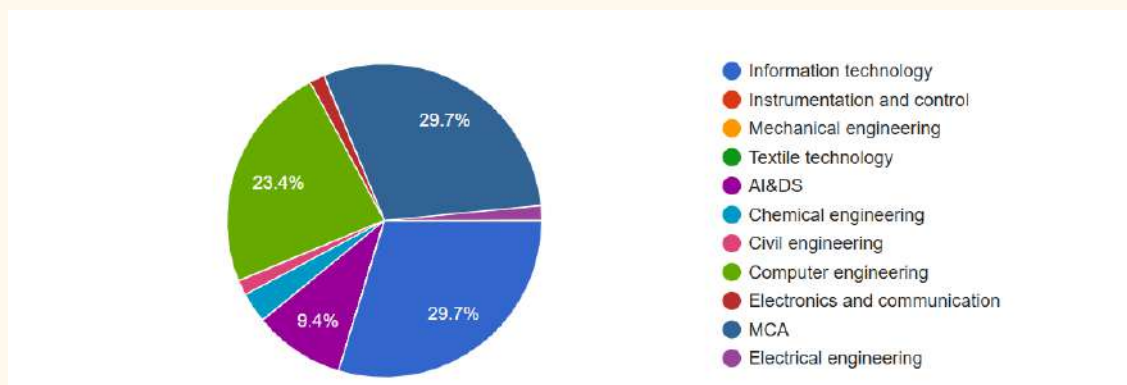
Introduction to Maternal and Child Health:

The seminar began with an overview of maternal and child health, emphasizing its importance in ensuring the well-being of both mother and child. It highlighted key factors such as proper care, nutrition, and a supportive environment that influence healthy growth and development.

The seminar witnessed enthusiastic participation with **95+ female students** attending the event. Their active engagement through listening, questioning, and discussions highlighted the relevance of the theme.

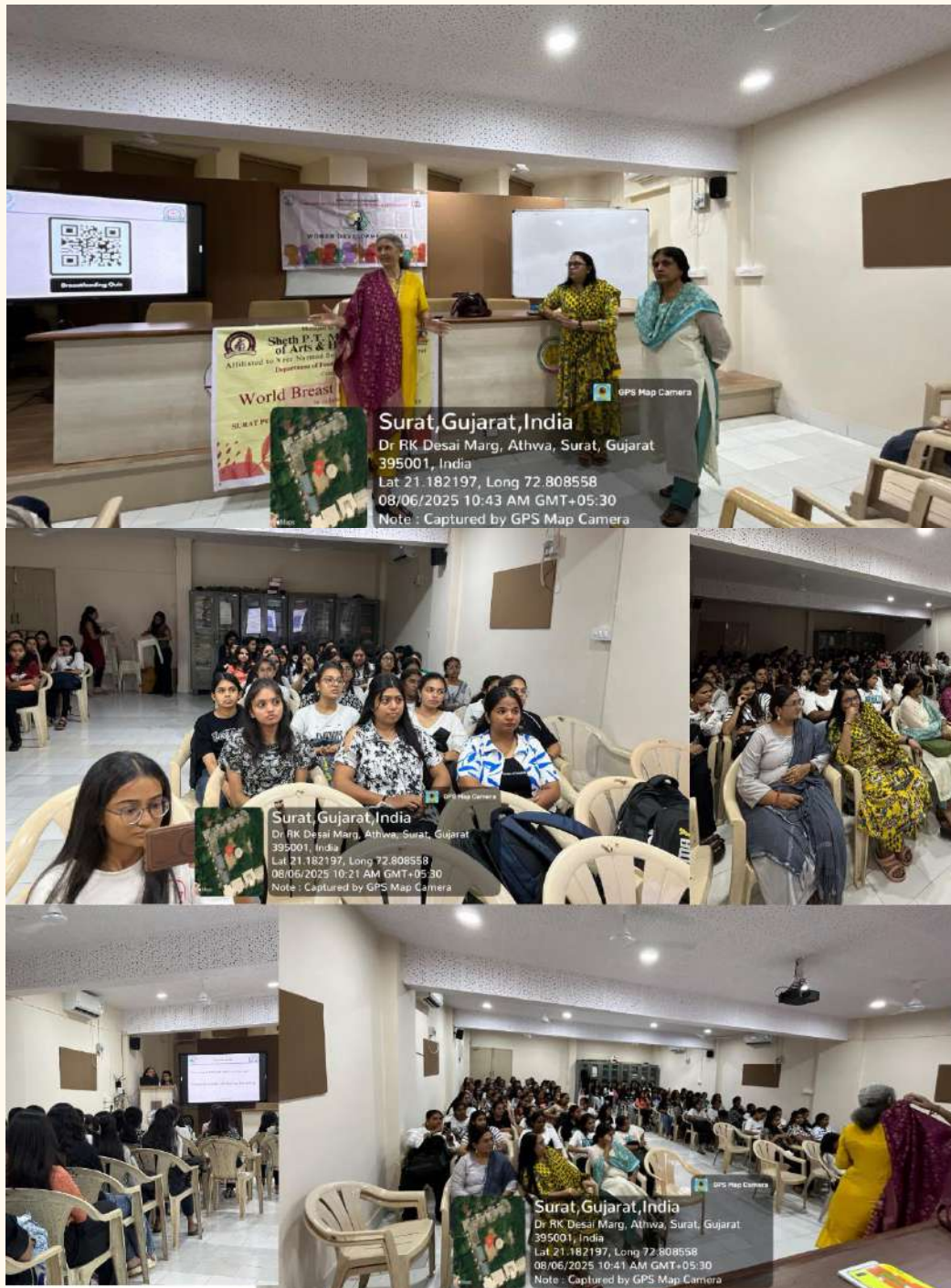
The seminar concluded at **11:30 am**, leaving the participants enriched with practical knowledge and awareness that can be applied in their personal lives and communities.

DEPARTMENT WISE PARTICIPATION



Some Glimpse of the Seminar







Acknowledgment

We are grateful to our honorable Provost, Dr. Kiran Pandya; Registrar, Shri Ashish Desai; and Principal, SCET, Dr. Hiren Patel, for their support and permission to conduct this event. We are also thankful to Vanita Visharam University for initiating the speaker.

“In a university, knowledge shapes the mind—but nutrition fuels the mind that learns, grows, and innovates.”



Sarvajanic Education Society
SARVAJANIK UNIVERSITY



Report on
**PAP TEST Awareness
Session**

Organized by
Sarvajanic University
in
collaboration WDC, SCET



Held on
22nd August 2025

Coordinated by
Dr. Kaushika Pal
Prof. Bhumika Patel

Dr. Saniya P Thakkar

- She completed her MBBS from Govt. Medical College, Amritsar, and her M.S. from Govt. Medical College, Surat
- Practicing since 2013, she has delivered numerous talks on women's health awareness.
- Along with her committed team, Dr. Saniya has been leading initiatives to spread awareness and encourage early detection—because awareness can save lives.



- She is the owner and consultant at vraj hospital.
- Former consultant at Me and Mummy hospital

Details of the Session

Date and Time	22nd August 2025 (12:00 PM to 1:00 PM)
Venue	EC Av Room
Targeted Audience	Scet students and Female Staff members
Faculty co-ordinator	Prof. Bhumika Patel Dr. Kaushika Pal
Organized By	Women Development Cell
Speaker	Dr. Saniya P Thakkar

Objective :

The session aimed to create awareness among female staff about the Peptide Test for early detection and survival of cancer, emphasizing the importance of preventive healthcare and timely diagnosis.

Topics covered:

- The event was organized with the main objective of spreading awareness about women's health and well-being
- With a special focus on educating participants about the Pap test for cervical Cancer.
- The session aimed to highlight the importance of early detection.
- Regular check-ups to prevent serious health complications.
- The speaker explained several important health topics in detail.



- The need to maintain physical and mental health during this phase.
- She also addressed menstrual health (periods), emphasizing proper care and awareness to avoid long-term health issues.
- The session also covered PCOD (Polycystic Ovarian Disease) and PCOS (Polycystic Ovary Syndrome) Common hormonal disorders affecting women.
- Which can lead to irregular periods, weight gain, and fertility challenges.
- The speaker provided guidance on lifestyle modifications and medical awareness to manage these conditions effectively.

- Additionally, she shared healthy Body tips and highlighted the benefits of eating clean and nutritious food.
- Also how a balanced diet can prevent many Lifestyle-related diseases and support overall well-being



- Overall, the session was highly informative, interactive, and impactful.
- It not only enhanced the knowledge of the participants but also encouraged them to prioritize regular health check-ups, adopt healthier habits, and spread awareness in their communities.





- We, the team WDC, extend sincere thanks to Dr. Hiren Patel,³⁵ Principal, for permitting and encouraging such an event
- We extend our special thanks to the Head of the Departments and Faculties, SCET, for motivating students to participate in such events.

**Progress is not achieved in isolation
—it is built when we move forward,
hand in hand, with courage,
equality, and collective purpose.**

Report Compiled by Dr. Kaushika Pal



Sarvajanik Education Society
SARVAJANIK UNIVERSITY



Report on
PAP TEST SCREENING

Organized by
Sarvajanik University
in
collaboration WDC, SCET



Held on
9th September 2025

Coordinated by
Dr. Kaushika Pal
Ms. Tejal Surati

PAP Test ScreeningCamp

Organized by

Sarvajanik University

Women Development Cell

in collaboration with

“JCI Surat Metro She”

The Women Development Cell in a University plays a vital role in promoting gender equality, safety, and empowerment of female students and staff. It creates awareness about women’s rights, health, and well-being while providing a platform to address grievances. Additionally, it fosters a supportive and inclusive environment that encourages personal and professional growth.

Sarvajanik University, in association with “JCI Surat Metro She”, organized a Free PAP Test Camp as part of a women’s health awareness initiative. The camp aimed to emphasize the importance of early detection and preventive healthcare, particularly focusing on cervical cancer screening.



Date	9th September 2025
Time	10:30 AM to 4:00 PM
Venue	SCET - Girls Room
Collaborating Organization	JCI Surat Metro She
Campaign Title	Ek Sur Ek Jung: Cervical Cancer Camp

Objective :-

- The primary objectives of the camp were:
- To create awareness about cervical cancer among women
- To promote preventive healthcare practices
- To encourage regular health screening through Pap tests

Activities Conducted :-

- Free Pap Test screening for female staff
- Awareness interaction regarding cervical cancer prevention
- Guidance on maintaining women's health and hygiene

Participation :-

- A total of 16 female staff members participated in the camp
- All participants successfully underwent the Pap Test
- The camp was conducted completely free of charge



Outcome of the Event :-

The initiative received a positive and enthusiastic response from the female staff. The participation reflected increased awareness and willingness among women to prioritize preventive healthcare. The camp was successfully conducted and fulfilled its intended objectives. All the participants got the Test Report in their email, all the reports are Negative.

The Free Pap Test Camp was a highly impactful initiative that strengthened awareness about women's health and the importance of preventive screening. The active participation of staff and the seamless collaboration among Sarvajanik University WDC Cell, Sarvajanik College of Engineering & Technology, WDC Cell and "JCI Surat Metro She" contributed significantly to its success



Acknowledgment :-

Sarvajanik University and JCI Surat Metro She expressed sincere gratitude to all participating women for their active involvement. Special appreciation is extended to the organizing team and medical professionals for their valuable contribution.

Such initiatives reflect a strong institutional commitment toward health, well-being, and continued community-oriented development programs in the future.

We are thankful to our honorable Provost Dr. Kiran Pandya, Registrar Shri Ashish Desai, Principal SCET - Dr. Hiren Patel, Shri Bhaskar Cheruku, Registrar, SCET for motivating and permitting us to conduct this event.

We are also thankful to JCI Surat Metro She for supporting us and collaborating with us for organize this free Screening.

We also thankful to WDC Team of SU and SCET, volunteers Students and participants for supporting the event.



Coordinators and Volunteers Team



SARVAJANIK EDUCATION SOCIETY

SARVAJANIK UNIVERSITY

Report on

NRI MARRIAGE AWARENESS SEMINAR

Organised by

WOMEN DEVELOPMENT COMMITTEE,

SARVAJANIK UNIVERSITY

Held on

16th January 2026



Objectives of NRI MARRIAGE AWARENESS SEMINAR

- To create awareness regarding the legal, social, and practical aspects of NRI marriages
- To critically analyze the sociological allure of settling abroad that often leads families to overlook basic due diligence, highlighting the reality of isolation and cultural dissonance faced by females.
- To educate students on the common problems in NRI marriage proposals such as hurried engagements, reluctance to share employment details and pressure for a secret wedding.

Details of Seminar

Date & Time	16 th January 2026 from 10:00 am to 1:00pm
Venue	Smt. Ushaben Jayvadan Bodawala Taramoti Hall, Sarvajanik University, Surat
Targeted Audience	Students of all constituent colleges of Sarvajanik University
Co-ordinated by:	Dr. Kaushika Pal
Organised by:	Women Development Committee, Sarvajanik University
Participation:	350+ students
Guest of Honour	Dr. Parul Vadgama, Professor & Head, Respiratory Medicine, New Civil Hospital Surat
Esteemed Speaker	Smt. Pritiben Joshi, Advocate, Supreme Court of India

Introductory Speech by Registrar Sir: Mr. Ashish Desai

The seminar commenced with a powerful keynote address by the Registrar sir of Sarvajanik University. He formally introduced the speakers to the Sarvajanik Education Society (SES), marking its historic 110-year journey since its inception in 1912. He emphasized that the society has remained a citizen-managed entity for over a century, maintaining a democratic and inclusive spirit. He framed the NRI Marriage Seminar not just as an academic exercise, but as a continuation of institution's duty to protect the community's social and legal interests.



Speech by Provost Sir: Dr. Kiran Pandya

The speech delivered by Provost sir of Sarvajanic University, which shifted the focus from institutional history to the human and practical dimensions of marriage in the modern world. He noted the lack of a traditional "social safety net" (parents and friends nearby) is often used to exploit females. Provost sir urged students to view marriage not just as a social milestone, but as a life-altering legal and personal contract that requires rigorous scrutiny.



Session 1: Dr. Parul Vadgama

The seminar transitioned from legal and institutional frameworks to a deeply personal session led by Dr. Parul Vadgama, Professor and Head, Respiratory Medicine, New Civil Hospital, Surat. This session focused on the importance of physical, mental, and emotional self-care for young women considering international marriages. She highlighted the importance of females undergoing a complete medical check-up regularly and taking proper diet.

The most critical part of the session addressed the psychological aspect of marriage negotiations. Dr. Parul warned against the dangers of being swayed by emotions or the initial glamour of a proposal.



Session 2:

Advocate Pritiben Joshi, Supreme Court of India, introduced a streamlined verification protocol that every family should follow before finalizing an alliance including passport/visa details, marital status of the partner and document custody. Advocate Pritiben concluded the session by sharing case studies from her own practice highlighting the hidden first marriage.



Key Learnings

The seminar provided a comprehensive roadmap for navigating the complexities of NRI alliances. The core learnings emphasized that families must prioritize character and long-term compatibility over the foreign dream. It empowered young women to maintain emotional objectivity and mental resilience while mandating compulsory marriage registration and the strict safeguarding of personal documents.



We are grateful to our honourable Provost, Dr. Kiran Pandya; Registrar and Shri Ashish Desai for their support and permission to conduct this event. We are thankful to SGCCI for arrangement of speakers.

Report Compiled by Roshni Langrana



SARVAJANIK UNIVERSITY

REPORT
ON

SAMATVAM

EQUALITY, RESPECT AND EMPOWERMENT



ORGANIZED BY

**WOMEN DEVELOPMENT CELL
SARVAJANIK UNIVERSITY**

HELD ON

10th MARCH 2026

GENDER SENSITIZATION PROGRAM

CO-ORDINATED BY

DR. KAUSHIKA PAL

Objective of SAMATVAM

SAMATVAM – Equality, Respect & Empowerment aims to promote gender sensitization by fostering awareness, inclusivity, and mutual respect among students, while encouraging critical thinking and creative expression on issues of equality and empowerment. It seeks to challenge stereotypes, unlearn biases, and inspire a more equitable and inclusive society.

Details of Samatvam

Date and Time:	10 th March 2026, 10:00 AM Onwards	
Venue:	Sarvajanik University Seminar Hall	
Targeted Audience	Students of Sarvajanik University	
Total Participation	164	
Convener & Coordinator	Dr. Kaushika Pal	
Organized By	Women Development Cell, Sarvajanik University	
WDC Committee Members	Dr. Delnaz Variava (SRLIM) Dr. Shikha Samaiya (SCOPA) Dr. Roshni Langrana (SCCCA) Dr. Neha Sheth (BRCM) Dr. Vrushti Patel	Dr. Toral Desai (SRKI) Dr. Vaishali Koshti (SCOL) Prof. Bhavana Vimawala (MS-IDPT) Dr. Manisha Sharma Ms. Tejal Surati
Advisor	Dr. Meera Sharma, Scientist and Patent Attorney	

Inaugurations:

Dignitaries in Attendance & Lamp Lighting Ceremony

The inauguration ceremony was graced by esteemed dignitaries whose presence added great significance to the event:

Shri Ashish Vakil, Chairman, Sarvajanik Education Society

Prof. Dr. Kiran Pandya, Provost, Sarvajanik University

Ms. Shraddha Shah, Renowned Dancer & Guest Speaker

Adv. Hiral Panwala, Guest Speaker

The program commenced with a prayer followed the traditional lighting of the ceremonial lamp, symbolizing the dispelling of ignorance and the ushering in of knowledge and awareness.

The event began with a warm address by Dr. Kaushika Pal, Convener of the Women Development Cell, Sarvajanik University. She extended a heartfelt welcome to the dignitaries and participants and provided an insightful overview of the “SAMATVAM” initiative, highlighting its focus on promoting gender sensitization through equality, respect, and empowerment.

As a mark of respect and appreciation, the distinguished guests were felicitated with floral tributes: Shri Ashish Vakil felicitated the first guest speaker, Ms. Shraddha Shah and Prof. Dr. Kiran Pandya felicitated the second guest speaker, Adv. Hiral Panwala.

During the inauguration, Shri Ashish Vakil, President of Sarvajanik University, delivered the Presidential Address and appreciated the initiative SAMATVAM – Equality, Respect & Empowerment. He highlighted that this program marks one of the first structured efforts towards gender sensitization at the University level under the Society. He elaborated on the rich legacy of the Sarvajanik Education Society, established in 1912 in Surat, which has consistently worked towards making education accessible and inclusive. He proudly noted that the Society has been a pioneer in promoting women’s education, having established dedicated institutions for girls as early as 1934 with the Sarvajanik High School for Girls, at a time when such initiatives were rare. He emphasized that initiatives like SAMATVAM play a crucial role in nurturing equality, respect, and empowerment among students, and encouraged all participants to actively engage, reflect, and contribute towards building a more inclusive and equitable society.

During the inauguration, Prof. Dr. Kiran Pandya, Provost of Sarvajanik University, shared his words of motivation for the Women Development Cell and the students. He delivered an inspiring and motivating address emphasizing the importance of gender sensitization in today’s academic and social landscape. He highlighted the crucial role of educational institutions in shaping responsible, aware, and empathetic individuals, and stressed that true progress can only be achieved through equality, respect, and inclusivity. He encouraged students to become more conscious of social issues, thereby contributing to a more balanced and empowered society. He also expressed confidence in the Women Development Cell, stating that it will continue to play a significant role in promoting awareness, organizing meaningful initiatives, and working progressively towards the holistic development and empowerment of students.

The inauguration was further enriched by two highly inspiring and thought-provoking keynote sessions, which left a lasting impact on the audience.

Ms. Shraddha Shah shared her inspiring journey as a dancer, highlighting the significance of discipline, perseverance, and self-expression in achieving personal and professional growth. She beautifully articulated how art serves as a powerful medium for self-discovery, confidence building, and emotional strength, encouraging students to embrace their individuality and pursue their passions with dedication.

Adv. Hiral Panwala delivered a compelling and insightful session focusing on legal awareness and self-advocacy. She emphasized the importance of being informed about one's rights and responsibilities, and the need to stand up with confidence in the face of challenges. Her practical insights and real-life perspectives provided valuable guidance, motivating students to become aware, empowered, and responsible individuals in society.

As part of the ceremony, Shri Ashish Vakil, President of Sarvajanic University, formally launched the "Tejasvini" initiative. This initiative aims to recognize and celebrate women within the university community whose life journeys reflect strength, resilience, courage, and inspiration. In his address, he emphasized the importance of acknowledging such inspiring stories and fostering a culture of equality, respect, and empowerment, encouraging women to come forward and share their journeys as a source of motivation for others.



The inauguration concluded with a formal Vote of Thanks delivered by Dr. Toral Desai, who expressed sincere gratitude to the management, dignitaries, guest speakers, organizing committee, and participants for their valuable contributions and enthusiastic participation, making the event a meaningful and successful beginning. This was followed by the National Anthem, and the event SAMATVAM – Equality, Respect & Empowerment was officially declared open.







During the prize distribution ceremony, the Registrar Shri Ashish Desai, addressed the gathering and spoke about the strength and potential of women in shaping society. He appreciated and congratulated the efforts of the Women Development Cell (WDC) for successfully organizing the programme. He also motivated students to truly understand the changing social dynamics, especially in today's context where both partners contribute equally in professional and personal spheres, emphasizing the importance of mutual respect, understanding, and shared responsibilities.

Competitions of SAMATVAM

The Women Development Cell of Sarvajanic University successfully organized a series of creative competitions on 10 March 2026 at the University Seminar Hall, aimed at promoting gender sensitivity, creativity, and social awareness among students. Students from all eight constituent colleges participated in the competitions.

All competitions witnessed enthusiastic participation and served as effective platforms for students to express their perspectives on gender equality and empowerment. The Women Development Cell successfully fostered awareness and engagement through these creative initiatives, reinforcing the values of inclusivity and respect within the university community.

1. Poster Creation Competition

The Poster Making Competition was conducted under the theme “Samatvam – Equality, Respect, and Empowerment.” The event encouraged participants to visually express ideas related to gender equality, inclusivity, and empowerment. Students showcased innovative and impactful posters based on themes such as equal opportunities in education, women in leadership, and mental well-being across genders. The competition emphasized clarity of message, creativity, and effective use of minimal text.

Date and Time:	11:30 AM to 1:30 PM
Venue:	Sarvajanik University Seminar Hall
Coordinated By	Dr. Kaushika Pal, Dr. Delnaz Variava
Winners	1st Prize: Priyanshi Dudhat and Devanshi Dudhat, B.R.C.M. College of Business Administration (BRCM), Surat 2nd Prize: Shah Moksh Nitinkumar and Lad Kenil Hitesh Kumar, Sarvajanik College of Engineering & Technology (SCET), Surat 3rd Prize: Parth Kariya and Vasu Nadoda, B.R.C.M. College of Business Administration (BRCM), Surat
Judges	Prof. Zankhana Vaishnav, SCET, Sarvajanik University Prof. Anjana Ghelani, SRKI, Sarvajanik University

2. BookMark Creation Competition

The Bookmark Making Competition was organized alongside the poster event, encouraging participants to create meaningful and artistic bookmarks reflecting the theme of gender equality and empowerment. Participants used handmade techniques to design bookmarks with powerful quotes, symbols, and minimalistic art representing inclusivity and awareness.

Date and Time:	11:30 AM to 1:30 PM
Venue:	Sarvajanik University Seminar Hall
Coordinated By	Dr. Kaushika Pal, Dr. Delnaz Variava
Winners	1st Prize: Krunal Dey and Vruti Tailor, Sarvajanik College of Engineering & Technology (SCET), Surat 2nd Prize: Harshi Rajeshkumar Tandel and Riya Vadaliya Sarvajanik College of Engineering & Technology (SCET), Surat 3rd Prize: Kanya Malhotra and Nandini Zanzmera, Sarvajanik College of Engineering & Technology (SCET), Surat
Judges	Prof. Zankhana Vaishnav, SCET, Sarvajanik University Prof. Anjana Ghelani, SRKI, Sarvajanik University

Both The competition highlighted students' creativity in conveying impactful messages through small yet meaningful designs.



3. Debate Competition

The Debate Competition at Sarvajanic University was conducted on the theme “Gender Inclusiveness of Women in Society,” focusing on evaluating the extent to which modern society ensures equality across social, economic, political, and cultural domains.

The debate followed a structured For & Against format, with participants presenting arguments on critical issues such as recognition of unpaid domestic labour, gender quotas in leadership, the effectiveness of legal frameworks, and the role of media in shaping perceptions of women.

Participants demonstrated strong critical thinking by addressing complex dimensions of gender inequality, including intersectionality involving caste, class, religion, and age. Discussions also highlighted the gap between increased access to education and actual equality in professional and social spaces.

The competition successfully encouraged informed, respectful discourse while fostering awareness of structural and cultural barriers affecting women. Overall, the event provided a platform for meaningful dialogue and analytical engagement on gender inclusiveness.

Date and Time:	2:00 PM to 3:00 PM
Venue:	Sarvajanic University Seminar Hall
Coordinated By	Dr. Neha Seth, Dr. Vrushti Patel, Dr. Vaishali Koshti
Winners	1st Position: Arham Shah and Vatsal Naik, BRCM, Sarvajanic University 2nd Position: Khushi Mali and Parth Desai, BRCM, Sarvajanic University
Judge	Dr. Dhara Desai, Assistant Professor, SCET, Sarvajanic University

4. Movie Review Competition

The Movie Review Competition at Sarvajanic University centered on Gender Sensitisation, with the theme of Patriarchy, Women Empowerment, Women’s Journey and Social Stigma. Students presented critical analyses of films like The Last Colour and Jaya Jaya Jaya Hey, exploring multiple dimensions such as social norms, identity, resistance, and systemic inequality. The Last Colour was examined through the lens of widowhood and social exclusion, while Jaya Jaya Jaya

Jaya Hey highlighted everyday patriarchy and assertion of agency. Participants effectively linked cinematic narratives to contemporary society, offering thoughtful, analytical perspectives beyond storytelling. The event successfully fostered critical thinking and deeper awareness of gender issues.

Date and Time:	2:00 PM to 3:00 PM
Venue:	Sarvajanik University Seminar Hall
Coordinated By	Dr. Neha Seth, Dr. Vrushti Patel, Dr. Vaishali Koshti
Winners	1st Position: Shreevansh Khushboo, SCOL, Sarvajanik University 2nd Position: Mysha Mirza, BRCM, Sarvajanik University
Judge	Mr. Girish Solanki, Assistant Professor, SCOPA, Sarvajanik University



5. Logo Competition

A logo represents the Women Development Cell's identity, mission, and values. It ensures recognition, spreads awareness, and builds trust. It symbolizes empowerment, unity, safety, and growth, encourages participation, creates a sense of belonging, and strengthens communication, making the organization more visible and impactful.

Keeping this in view, a logo design competition was organized, inviting students to submit their creative logo concepts. The deadline for submission was 8th March at 12:00 PM. The students participated enthusiastically, and a total of 19 entries were received. Out of these, 7 logos were shortlisted and presented by the participants.

The presentations reflected the students' creativity, awareness, and perspectives on gender sensitization and women's development in the present context. During their presentations, participants also explained the rationale behind their chosen designs, highlighting the ideas and messages they intended to convey.

Among them, one outstanding design was selected and awarded as the best logo.

Date and Time:	11:00 AM to 1:00 PM
Venue:	T&P Conference Room Second floor, Sarvajani University
Coordinated By	Prof. Roshni Langrana
Winners	Jenny Patel and Nidhi Malankiya, SCET, Sarvajani University
Judges	Dr. Toral Desai and Dr. Manisha Sharma





We are grateful to our honourable Provost, Dr. Kiran Pandya; Registrar and Shri Ashish Desai for their support and permission to conduct this event.

"A truly progressive university is reflected in the equality it practices, the respect it nurtures, and the empowerment it enables — Samantvam is our commitment to this vision."

Report Compiled by Dr. Kaushika Pal